

Caltech Student Wellness Services (SWS) is committed to supporting students’ health, well-being, and success. All required health entrance documentation for new students must be submitted electronically through the [SWS Student Health Portal](#) and uploaded to your secure, private health record.

**Student Health Transfer Checklist**

- ✓ **Email address for the Health Portal**
  - We recommend registering with your Caltech email address to avoid missing notifications once on campus.
- ✓ **Health Insurance Cards**
  - Please arrive with an electronic or physical copy of your health insurance card information (front & back).
  - Students enrolled in Caltech-sponsored insurance will have their information uploaded in the electronic medical record for SWS staff in September. We do not have a copy of your insurance card.
  - Students with other insurance plans should upload their insurance card and complete their information in the Student Health Portal.
  - Understanding your coverage is necessary when accessing vaccinations, lab services, and other medical care off campus.
- ✓ **Health History, Medical Records and Medications**
  - Obtain a **copy of your complete immunization records**. You will upload these to your Health Portal.
  - Students can enter health information, allergies, medications, medical conditions, and surgical history, in their private record through the Student Health Portal.
  - Students with ongoing medical or mental health conditions who regularly see a provider (e.g., cardiology, therapy, psychiatry, or primary care for ADHD or other conditions) are encouraged to bring or submit a recent office note or treatment summary to support continuity of care. Records can be uploaded through a secure message in the Student Health Portal or faxed by you or your provider to Student Wellness Services at **(626) 585-1522**.
  - If possible, incoming students should bring a 1–3-month supply of necessary medications. Students needing prescriptions or ongoing care support on campus are encouraged to schedule an appointment once on campus through the Student Health Portal or by calling **(626) 395-8331**.

**Table 1. REQUIRED Immunizations and Screenings for All Incoming Students**

<b><u>Requirements</u></b>	<b><u>Required Dosage and Screening Information</u></b>
<b>Measles, Mumps and Rubella (MMR)</b>	<b>Two (2)</b> doses of the vaccine, with the first given on or after the first birthday, or a positive immunity titer. If the first dose was given on or after the first birthday, an MMR booster is required.
<b>Varicella (Chickenpox)</b>	<b>Two (2)</b> vaccine doses given on or after the first birthday, or a positive immunity titer. If the first dose was on or after the first birthday, a varicella booster is required. <b><i>*Personal history of chickenpox is not accepted.</i></b>
<b>Meningococcal Conjugate ACWY (Meningitis)</b>	<b>One (1)</b> dose of meningococcal conjugate ACWY (meningitis) after age 16 for all students under the age of 22.
<b>Tetanus, Diphtheria, and Pertussis (TDAP)</b>	<b>One (1)</b> dose of Tdap is due after age 7 Or a booster dose, then Tdap is due every 10 years.
<b>Tuberculosis (TB) Screening</b>	All students must complete the TB Risk Screen in the <b>Student Health Portal</b> . If required, you’ll be asked to upload a TB blood test (T-Spot or QuantiFERON Gold) taken within the 6 months prior to requirements deadline— <b>older tests will NOT be accepted</b> . If your result is positive, you must get a chest X-ray ( <b>within the 12 months before the deadline of the requirements</b> ) and have a provider complete a TB Medical Evaluation Form, which will be available in your student health portal if needed.

**Vaccine Exemption Policy:** For full details, please visit: <https://wellness.caltech.edu/health/forms-policies/vaccine-exemption-policy>

## New Student Health Essentials: A Guide to Immunization Requirements & Preparing for Care at Caltech

**Table 2. Recommended Preventive Vaccines from the California Department of Public Health (CDPH)**

<u>Vaccine</u>	<u>Recommended For</u>
Influenza (Flu)	All students
COVID-19	All students
Hepatitis A & B	All students
Human Papillomavirus (HPV)	Students through the age of 45
Poliovirus (Polio)	All students
Meningococcal B (Meningitis)	All students
Meningococcal conjugate (Meningitis)	Students 16- 23, after healthcare provider consultation
Pneumococcal	Students with certain medical conditions (e.g., severe asthma)
Mpox	Students who may be at increased risk; see <a href="#">Vaccine Guidance</a>
RSV	Eligible students based on medical risk factors; see <a href="#">Vaccine Guidance</a>
Shingles	Students 19-49, who are immunocompromised; see <a href="#">Vaccine Guidance</a>

*Interested in Learning More About Vaccines and The Illnesses They Help Prevent? Visit the [California Department of Public Health \(CDPH\)](#) and [Centers for Disease Control \(CDC\) and Prevention Vaccines & Immunizations pages](#).*

### Need records, unsure whether you meet requirements, or wondering if you need a vaccine?

We encourage you to review the requirements early and connect with your healthcare provider or local pharmacy for any needed vaccines or documentation prior to arriving on campus.

**Table 3. Questions for SWS?**

<u>Method</u>	<u>How to Access</u>	<u>Best For</u>
<b>Secure Message</b>	Via the <a href="#">Student Health Portal</a>	Most needs can be handled through the portal, including: <ul style="list-style-type: none"> <li>• Uploading medical records and other documents</li> <li>• Asking questions and receiving responses from our administrative and clinical teams</li> <li>• And more!</li> </ul>
<b>Telephone call</b>	Phone: (626) 395-8331	General questions or support before student health portal access is available, as well as: <ul style="list-style-type: none"> <li>• Same day urgent or crisis concerns</li> <li>• Time-sensitive needs that can't wait for portal messaging</li> </ul>
<b>Fax Submission</b>	Fax: (626) 585-1522	Care providers who need to send records to Student Wellness Services, as email is not a secure method for clinical communication.
<b>Email</b>	<a href="#">SWS Caltech Directory</a>	General questions or support before portal access becomes available for students and individuals without access to secure messaging through the portal.
<b>In person</b>	On campus: SWS South Building 1239 Arden Road	Feel free to stop by Monday to Friday, 8:00am to 5:00pm. <i>Closed on Institute Holidays.</i>