DO YOU HAVE A FRIEND WHO HAS TALKED ABOUT ENDING THEIR LIFE?
DON’T KEEP SUICIDAL THOUGHTS A SECRET.

WHAT CAN YOU DO?
• Participate in a Caltech Connect training and learn how to talk with someone struggling with suicidal thoughts

  register at: caltechcares.caltech.edu/training
• Make a CARE referral and help your friend connect to resources
• Talk to an RA, Peer Advocate, Health Advocate, or RLC
• Consult with Counseling Services or the deans about your concerns

Caltech CARE TEAM
caltechcares.caltech.edu

Caltech Connect
Make a CARE Referral: